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AMISTAD INSTITUTE COSTA RICA

VOLUNTEER-SPANISH, CULTURAL and INTERNSHIP PROGRAMS

INTRODUCTION

Vibrant Costa Rica has something for anyone interested in creating change and a spirit for adventure! While smaller than West Virginia, Costa Rica offers fascinating opportunities at every turn. Whatever your interests on helping others are—eco-tourism, social, children at risk, helping communities—you'll find a lot of activities and opportunities in this tropical and secure paradise to do so.

Amistad's Volunteer Program offers amazing opportunities to experience one of the most exotic and undiscovered destinations in the world, all while volunteering in unique conservation and social projects. Amistad is glad to invite you to consider our Peace Corps alternative, which allows you to help children at risk, teach local people, and put your skills to work in grassroots-level development and conservation efforts. During your free time, explore volcanoes, beaches, raging rivers, and virgin forests. Observe the abundant wildlife or get to know the warm, hospitable people of Costa Rica.

Volunteer in Costa Rica at a glance.

Start dates: 1st and 3rd Monday of every month.

Program length: Varies from one week up to one year.

Accommodations: Host families, guests' houses, ranger houses. We always offer 3 meals per day and laundry service.

Language requirement: It depends on the program, but a minimum of Basic Spanish is always required.

PLEASE READ THE COMPLETE DOCUMENT CAREFULLY!

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OUTLINES...

Eligibility:

- Must be at least 18 years old, or bring a written document from your parents.
- Must be eligible to receive a tourist visa to Costa Rica.
- Must be flexible, in good health, and have a real desire to contribute.

Location: For the Spanish lessons and the Training in Cultural and Volunteer issues, the participants will stay in Santa Bárbara of Heredia. For the Volunteer portion of the program it depends on the selected area.

Insurance: Amistad Institute can arrange a Traveller Insurance when you arrive to Costa Rica, it will cover from the first day of your stay to the last. Prices are affordable; please ask about this prior to your arrival.

Pre-Departure Material: Amistad will send you a Pre-Departure document, and a placement sheet with important information about your program.

Support: Amistad has a phone number for questions and comments that works all the official time (Monday-Friday, 8-5), and two **emergency** phone numbers.

BUT YOU GET EVEN MORE!

- Pick up from the airport.
- Certificate for the Spanish lessons, the Cultural Training; and for your participation in the volunteer project.
- Local in country support.

FEES

(2006)

Total Weeks	Span-Vol Training	Volunteer Weeks	Fee
6	2	4	\$1,300
6	1	5	\$1,100
5	2	3	\$1,150
5	1	4	\$950
4	2	2	\$1,000
4	1	3	\$800
3	2	1	\$850
3	1	2	\$750
2 (Building)	1	1	\$700 *
-	Internships		\$900
	Extra Spanish week		\$350 **
	Extra Volunteer Week		\$200

* Plus \$200 to use for the project

** This fee only applies for Volunteers

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WHAT TO SEND?

Please submit your application package.

- Application form
- 1 letter of reference with the name, phone number and email of the person that is recommending you. (It can be sent by email)
- Application fee- \$150 (will be deducted from the program fee).

Please remember this complete package of information has to be at the Institute prior to your arrival, or we cannot assure you a place. Also keep in mind we do not reimburse application fee.



WHAT IS NEXT?

After we receive your complete application package, a letter of acceptance and an invoice for the program fee will be sent to you.

Once you purchase your airline ticket and give us your arrival information, we will send you a participant package with your placement sheet (information about your hosting and project), and the Pre-Departure information sheet.

You must pay the rest of the fee, the first day of classes.

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OPTIONS FOR THE VOLUNTEER PROGRAMS

WORK WITH CHILDREN AT RISK (INTERMEDIATE SPANISH LEVEL)



Our Volunteer Costa Rica project, to help at-risk children in foster care, allows volunteers to aid children who live in impoverished conditions or unsafe situation, and to give them attention, care, and education. You will use your skills and care to encourage these children at risk to become good citizens and productive members of society.

Some activities may include assisting them with their English, dancing, drawing, and other creative activities, organizing arts and crafts activities, helping them with their homework, and teaching them social skills. By working with children at risk, you will help shape the future of young people who would otherwise struggle with an uncertain future. Responsible volunteers may help develop clubs that supports the interest of the children.

Our Children at Risk projects are located in the Central Valley. Please note that expertise, skill, attitude, and Spanish fluent will determine specific details, such as work hours and the type of work.

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TEACHING ENGLISH IN PRIMARY SCHOOL **(INTERMEDIATE SPANISH LEVEL)**



Our volunteers are able to help children in Costa Rica's primary schools receive a better education. In the Volunteer Costa Rica Primary School project, volunteers contribute their time and energy working with younger children, especially being English Teacher's Assistants. Sometimes additional help with games, drawing, reinforcing students with special needs, and other creative activities will be needed.

Many classes contain about 35 children and very scant resources. Often, the children lack pens, pencils, and paper. Consequently, the volunteer should be creative to compensate for the lack of materials. Volunteers for this placement must be highly motivated "self-starters" who are able to work independently. Working with these children in our Costa Rica volunteer program will give you the opportunity to share your love and skill with those who need it. As a bonus, you will have free time to explore the cultural and natural wonders of Costa Rica.

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TEACHING ENGLISH TO TEENAGERS AND LOCAL ADULTS (INTERMEDIATE SPANISH LEVEL)



The Teaching English Program provides opportunities for volunteers to teach English to young people attending Costa Rican high schools or groups of Costa Rican adults. As Costa Rica develops its tourism industry, it is becoming a more popular destination for English-speaking tourists. For people to become part of this ever-growing industry, it is important for them to understand and speak English. Schools in the major cities are able to easily attract English teachers; however, more rural schools have a high need for English-speaking volunteers to help with these classes. In this project, volunteers will contribute their time and energy in working with teenagers and local adults, teaching all levels of English and/or being an English Teacher's Assistant. At times, additional help with games, drawing, and other creative activities will be needed.

Volunteer creativity will be needed to compensate for the lack of materials. Volunteers for this placement must be highly motivated "self-starters" who are able to work independently. Working in the Costa Rica Teaching English volunteer program gives you an opportunity to share your love and skills with grateful people while having free time to enjoy the fascinating culture of Costa Rica.

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HEALTH PROJECTS (PLEASE REMEMBER THIS IS A VOLUNTEERING EXPERIENCE, NOT AN INTERNSHIP) (INTERMEDIATE SPANISH LEVEL)



Public health care in Costa Rica is not as adequate as it should be, although it is one of the better programs in Latin America. Access to quality hospitals is limited to most Costa Ricans and only available in major cities. Consequently, only the wealthier families can afford private health care.

Health projects in Costa Rica offer a wonderful opportunity for doctors, nurses, and advanced medicine students to become familiar with the challenges and health issues of Costa Rica. Volunteers support local doctors and nurses; tasks range from observation to assistance. Depending on your level of knowledge, experience, and skill, you may check blood pressure, distribute food and medicine, weigh babies, and help with other first-aid procedures. Moreover, many hospitals, local clinics, and EBAIS (small clinics in individual communities) in Costa Rica run different programs on health education, basic prevention, nutrition, and sanitation. Volunteers may be asked to help in these areas as well, always depending on the level of experience and Spanish-speaking abilities.

You might also work for a "Hoy Por Ti" Home, a private care facility for around 28 HIV-positive patients. Volunteers may choose either to live at the facility (which has limited space) or to live with a host family near the project and help during the day.

Also, you can assist to a Foundation that provides health care to indigenous people.

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WORK FOR RURAL COMMUNITIES (INTERMEDIATE SPANISH LEVEL)



You may choose to volunteer in one of several different communities located in various areas of Costa Rica. You will have the choice to develop one or more mini projects for your chosen community, while developing deep friendship with the people of the community.

However, you will not face this challenge alone. During our Volunteer Training, we will help you originate and plan ideas for mini projects. Then, we will teach you how to develop, support, and carry out your plans. In addition, you can continue with already established projects, in order to keep them working and developing.

Two very different areas have been addressed by mini-projects in the past:

1. Ecological and environmental protection and conservation work.
2. Community support, social and educational projects (With people from the very young to the very old).

In this amazing program, immerse yourself in different activities of your community, working with local groups, community associations, youth groups, sports and others. You will return home at the end of your volunteer project with an outstanding appreciation and understanding of the Costa Rican people and their culture, and the knowledge that you personally have had a marked influence on the quality of life of the people in your chosen Costa Rican community.

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GENDER ISSUES (ADVANCED SPANISH LEVEL)



Domestic violence in Latin America is one of the most devastating problems affecting family life in this area of the world. Unfortunately, Costa Rica has its share of this cruel reality. Next to this, the women are affected for a lack of equality in jobs, salaries and opportunities.

For this reason, the Volunteer Costa Rica Program sponsors this Gender Issues project, offering volunteers the opportunity to make a positive change in the lives of women in Costa Rica.

Working together with the Amistad Gender Project called “Mujeres de Jesús” (depending on the level of Spanish), you will have the opportunity to join in several different and challenging tasks.

Volunteers in this project will also be able to teach the organization's members different topics including self-esteem, empowerment, and handicrafts (Note that most local participants do not speak English)

Special requirements:

- One month of minimum stay
- Advanced Spanish level
- Preferably: nurses, doctors, pshycologists, social workers, etc.

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HELPING THE GOLD PEOPLE (ELDERS)

(BEGINNER SPANISH LEVEL)



It is a natural process of life to get older. Volunteers, at the Amistad “Help an Elder” Program, are needed to provide social and practical support to lonely and isolated older people and disabled adults by befriending them and visiting them in the Asylum or in their own houses.

The role is very flexible depending on your skills and abilities. Volunteers should have good communication skills and an interest in meeting new people.

Duties might include chatting to or playing board games with patients, accompanying the patient to garden or other spaces, etc.

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CULTURE (BEGINNER SPANISH LEVEL)



So... are you a painter, a musician, a performer, and actor?

This is the Program for you!

You can give your help to museums (historic, cultural, artistic, etc.), drama groups, choires, typical dance groups, indigenous communities, and more.

As you can see, there is a huge opportunity to develop your artistic and cultural skills. This program offers to you the opportunity to learn Costa Rican and Latin American culture directly from the original source; this is an experience that you cannot get in any other way.

We are sure you are going to enjoy this program, and you are going to find it rewarding. We have a great artistic skilled group of people in Costa Rica, but most of them cannot pay to get real training... that's going to be your part.

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ECO-AGRO (BEGINNER SPANISH LEVEL)



National Parks. Safeguarding the wonderful natural features of Costa Rica is only possible if conservation work starts at the grass roots level. In Costa Rica volunteer projects, volunteers work for a project-dedicated do several different jobs in 4 Protected Areas. You can choose one of them. This eco-tourism project focuses on local cultures, wilderness adventures, personal growth, and learning new ways to live on our vulnerable planet. Volunteering for this project involves helping to minimize the adverse effects of traditional tourism on the natural environment and enhance the cultural integrity of the local people.

Zoos & Animal Care Centers. A wonderful zoo in the North of Costa Rica, and a non-profit dogs and cats shelter, need volunteers to help them with the daily tasks. Biologists, vets, and other volunteers are welcomed. A lot of work, and a lot of help is required.

Turtle Conservation. Working with the turtles is a brilliant and unforgettable experience, and our Costa Rica really needs volunteer help. Each season, the Costa Rica turtle conservation project recruits volunteers to help in the research and conservation work, such as night patrolling, working in the hatcheries, collecting eggs, and rescuing turtles. During this time, the volunteer will have a chance to work directly with turtles, taking carapace and nest-dimension measurements, collecting eggs, and tagging the rear flipper of the turtles. **This is a very oriented to turtles project, this beach is located in an isolated area, and it is a National Park; please apply to this project only, and just only, you like to work with turtles or animals. This is not a party beach.**

Organic Farm. In this project everybody with an strong respect for the organic methods and food, is going to find a great way to learn and help. You'll work in an organic farm that belongs to a family, helping in daily basic tasks, and some days you'll help with really specialized projects. What you'll learn in this project can be of great value for your life, and in a business oriented way, you can use your experience to start your own little business when you go back home.

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ENTREPRENEURS (INTERMEDIATE SPANISH LEVEL)



This project is oriented to give support to little and medium size private companies, foundations, farms, associations, ong's, and others.

Some of these kind of organizations in Costa Rica are made without real administrative, financial or business basics, and they belong to people or organizations with not enough knowledge to develop it in the best way.

This organizations and companies are in need of a helping hand to improve their production, services, customer service, financial matters, marketing issues, and other business related situations. They cannot pay a professional and they do not know how to do it.

So, if you are an administrative, financial, marketing, etc. student or professional, your help is going to be really appreciated. They need entrepreneurs, people we skills and knowledge to help this organizations grow and develop.

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RECREATION (BEGINNER SPANISH LEVEL)



Most companies and organizations in developing countries do not recognize or are able to provide with recreational programs to their employees, members, and guests.

It is one of our goals for the Volunteer Programs at Amistad, to give one step ahead in this matter, and provide with the human resources to start developing recreational programs in different companies and other kind of institutions (hospitals, jails, mental institutions, etc).

If you are a professional in this area, or you have the skills to develop a recreational program come with Amistad and help with the lifestyles and working conditions of Costa Rican people.

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SPIRITUAL (INTERMEDIATE SPANISH LEVEL)



In this original program you can join a church or group from your same denomination or believes. Even when Costa Rica is a catholic country by law, the acceptance for other religions and believes is amazing.

You can join catholics, Christian, budhist, Hindu, moslam, etc... And work in their projects, with their groups, and with their people.

Also, you can join some of our ecumenical projects, where people from different religions and denominations, work together in order to make a more understanding and better world

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BUILDING and REPAIRING (BEGINNER SPANISH LEVEL)



This is a program for groups of ***five or more participants***, to come and to build or repair: Schools, community centers, clinics, bridges, playgrounds, day care centers, soup kitchens, even poor's neighbor's houses.

Every participant has to bring \$200 to make a donation to the project, this is not part of the fee, and it is going to be managed for the person who comes in charge of the group. This money is to be applied directly to the project. Amistad will make a donation to the project too.

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HABITAT FOR HUMANITY (BEGINNER SPANISH LEVEL)



Amistad works in a very special way with Habitat for Humanity is not only that we provide support sending volunteers to them, but also we are the Habitat's official Spanish Institute in Costa Rica. We decided to work together to provide better and more positive experiences for the participants of both organizations, but specially to support each other in the organizational issues.

Because Habitat for Humanity is a strongly organized institution, the requirements to be part of their projects are special and different from the rest of Amistad's Programs. Habitat has projects in different countries, and also in different places around Costa Rica.

Because they wait for the help to start and finish their projects, you have to be really serious and responsible about applying with them, so please, apply to this program only if you are completely convinced about it.

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INTERNSHIP COSTA RICA (BEGINNER SPANISH LEVEL)



Amistad organizes a Costa Rica internship program in fields such as sustainable agriculture and conservation work, teaching English, assistance to orphanages, and health care. Amistad Institute can offer internships in Costa Rica in almost any area.

Under the Costa Rica internship program, the intern engages in daily project activities. Generally, the director of this project serves as a supervisor for the intern. In order to get the most out of your internship position in Costa Rica, Amistad requires at least two weeks of Spanish language programs. It is possible to organize extra tutorials with experts of particular areas for additional fees.

Also it is very important for you to know and understand two things about Costa Rica.

1. Costa Rica is a developing country, which means its economy is not as high as it is in the United States or other developed nations.
2. Because of that, Costa Rican companies are not able to pay salaries to the foreign interns and professionals who wish to work or intern here.

Professionals and future professionals are welcomed by Costa Rican companies to work with them, and these companies will try to learn as well as teach. The goal is a positive exchange of knowledge and culture with their interns.

At the end of your Professional Practice, your employer will give you a letter in which they will explain all the plans, changes and results you placed in the company.

Ask for information about availability of non-paid internships according to your education, experience, and interests. Please notice that we need to have your resumé in advanced.

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HOME STAY WITH COSTA RICAN FAMILIES



Participants will live with a Costa Rican family. Each student is matched with a carefully selected family. The student will have his/her own bed but may need to share the bedroom with other volunteers of the same gender depending on availability.

Bathrooms are typically shared with the family. Three meals are provided: breakfast, lunch and dinner. Home stays are conveniently located, close to downtown and the Institute, and in safe neighborhoods.

Our home stay program provides students from around the world with a unique opportunity to experience Costa Rican life first-hand. Life with a host family makes it possible for students to practice what they have learned in the Institute, discover Costa Rican culture, and make friendships that last a lifetime.

Amistad also offers volunteers the opportunity to extend the stay with the family after the Spanish program or when they come back from the volunteer projects. Students should check with the Institute to determine if the family is available. The student will then pay to the Institute for the extra nights with the family.

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CULTURAL IMMERSION (SOME FEATURES OF THE CULTURAL IMMERSION PROGRAM ARE ALSO INCORPORATED INTO THE 2-WEEK SPANISH LANGUAGE AND TRAINING PROGRAM.)



IMMERSE YOURSELF IN COSTA RICAN LIFE BEFORE YOU START YOUR VOLUNTEER PROJECT.

It is wonderful if you are able to speak Spanish. However, knowledge of the Spanish language alone might not be enough to help you fully explore the beauty of Costa Rica, its nature, culture, lifestyles, and challenges. Therefore, Amistad has developed a unique, one-week cultural immersion program for volunteers who already speak Spanish fluently, and also for the ones that doesn't (we also teach this program in English).

The cultural immersion program does not focus on teaching the Spanish language. It offers you opportunities for cross-cultural learning via volunteer training, home stays with a Costa Rican family, village visits, Latino dancing and/or Spanish karaoke, food lessons, travel around local areas, and discussions on different issues—all conducted before you start your project. This program will help you develop your confidence and enrich your volunteer experience so that you can complete your program successfully while making a wonderful contribution to the local community. Return home with extraordinary memories of a lifetime.

This program also offers detailed information about your project, host family, local community, safety issues, cultural contrasts, climate, etc. Participants are encouraged to ask questions and initiate discussions. The training program generally runs for approximately 2 hours a day; in their free time, volunteers may explore a local bazaar, nearby villages, and local lifestyles.

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FAQ



WHAT SHOULD I EXPECT CONCERNING THE LIVING CONDITIONS OF MY PLACEMENT?

The living conditions of your placement will depend on where you are assigned. For example, if you are placed in eco-tourism, you may stay at a tourist lodge. There, you may share accommodations with other international volunteers. If you are placed in an environmental awareness project or another developmental project, you will live with a host family with simple facilities. Most placements will have electricity. Our host families are educated, well-respected, and experienced with international students. Few members of host families may speak English, but remember you have to practice your Spanish and try not to speak English.

WHAT SHOULD I REMEMBER TO BRING WHEN I LEAVE FOR COSTA RICA?

You may like to bring special items such as a pocket-sized English/Spanish dictionary, binoculars, camera and film, walking shoes, traveler's checks, cash and/or credit cards, swim suits. Also you can bring casual clothes for nightlife and fine dining, your favorite Costa Rican travel guide, sandals, sunglasses & hat, necessary medication, rain jacket, and seasonal clothes. It is best to provide your own towels as towels may not be provided or it would be below your standard of expectation. You may also be able to buy all those things in Costa Rica. It would be greatly appreciated if you bring a little present for your host family.

CAN I CHANGE MY VOLUNTEER PLACEMENT IF I BECOME DISSATISFIED?

Amistad will consider the request of a volunteer for a location change, but we only change the placement if the reasons for the request are unresolvable and necessary as per agreement with us. In addition, change of placement is only possible if there is an available spot in the other project. Remember that if you ask to be change, you are going to have to cover the expenses that you can incur in to do so.

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CAN I SCHEDULE MY OWN VOLUNTEER SERVICE FOR THE DATES THAT INTEREST ME?

Spanish language classes begin every 1st and 3rd Monday of every month. Volunteers / students arriving early, need to pay for extra nights. We can also arrange your stay in hostels that will cost you around \$15 per day including breakfast. That is why we recommend that volunteers arrive one or two days before they start their classes (may not always be possible). Amistad suggests that volunteers adjust their flight schedule according to language program schedules. Interns and volunteers can stay and wait at a hostel or host family at their own expense if they arrive too soon before or too late after the program begins.

Lessons would not be replaced under any circumstance.

HOW WILL I GET TO HEADQUARTERS FROM THE AIRPORT?

There is nothing to worry about. One of our staff members or representative will be waiting for you at the Juan Santa Maria International Airport terminal in Alajuela. He or she will be holding a sign showing your name. Please do not forget to send your detailed flight itinerary so these arrangements can be made. It is important to be patient and look carefully for your name at the airport. It is often very crowded. Please understand we do not reimburse any expense related to the pick up if you miss the person that is waiting for you.

WHAT EXTRA MONEY SHOULD I BRING?

Carrying extra money depends on your personal spending habits. Amistad will manage your food and room from the first to the last day that you are enrolled in our program, so there will not be a need for more money. However, you may want some extra money for your personal expenses, and additional travel. In some cases, volunteers choose or need bus travel to get to their projects. An extra \$5 to \$10 per day will be useful for local travel, internet cafes, etc.

WILL I HAVE ACCESS TO MODERN COMMUNICATIONS, SUCH AS E-MAIL, TELEPHONE, OR THE POST OFFICE?

It all depends on your placement. Many placements are located in small villages. However, there is access to e-mail, telephone, and a Post Office in most places around the country. This information will all be given to you before your departure to Costa Rica.

CAN I COME WITH A FRIEND, OR CAN I BE PLACED NEAR OTHER VOLUNTEERS?

Amistad allows volunteers to come with a friend or even with a large group. Sometimes you may be placed in the same or nearby homes, lodges, and projects.

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WHAT VACCINATIONS WILL I NEED FOR MY TRIP TO COSTA RICA?

This all depends on what vaccinations you already have and what country you are coming from. We suggest that you consult a travel doctor from your country before you arrive. Please visit www.cdc.gov for more information.

WHAT DO I NEED TO KNOW ABOUT OBTAINING A VISA?

There is no special visa arrangement for volunteers in Costa Rica. All nationals who intend to enter Costa Rica will need a proper visitor visa. You will get a 30, 60, or 90 day visitor visa to the nearest consulate of Costa Rica. For more information please visit <http://www.costarica.com/Home/> or call nearest Costa Rican Embassy or consular. Our volunteers work on a tourist visa. We can arrange an extend of period when you are in the country.

HOW LONG WILL IT TAKE TO GET TO MY HOST SITE?

As we are located very near the airport, participants are to make their destination Juan Santa Maria International Airport. We will pick you up from the arrival lobby of the airport (remember to be patient and look carefully for a sign with your name). Volunteers deciding not to travel with us to their projects on Fridays will be provided with directions and will travel at their own expense. Program fees also do not cover travel to the project area.

WHAT IS THE BEST TIME TO TRAVEL TO COSTA RICA?

There are three seasons of travel to Costa Rica during the year: High Season (related to the dry season, from December to April), Peak season (Christmas, New Years, and Easter), and the Green Season (also called the Low Season or the rainy season, from May to November). If you live in the Northern Climates, you will probably consider winter the best time to visit. However, persons from other areas of North America and Europe might find the rest of the year equally pleasant. They also might find it quite a bit more affordable. Other travellers prefer the country when there are fewer tourists - during the Green Season, but Costa Rica has a nice weather all year round, so you would no find extreme weather at any time of the year.

DO I NEED TO SPEAK A FOREIGN LANGUAGE IN ORDER TO BECOME INVOLVED WITH THE PROGRAM?

Volunteers should have Spanish language skills. All volunteers interested in participating in one of our programs are encouraged to join the language and cultural classes. Our culture and language classes include an intensive introduction to the Spanish language, which you will learn quickly once you are immersed in the culture. Remember we are also a Spanish Institute, so all our Spanish Programs are complete and professional.

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WHAT SHOULD I DO IN CASE OF AN EMERGENCY IN COSTA RICA?

If you failed to meet our representative at the airport within 3 hours after your arrival, please proceed with the instructions that will be provided in advance in your placement details). We will reimburse part of your taxi and hotel bill (must not exceed \$20). Please bring your hotel and taxi bill to our office. We will give you a check or money order. If your flight changes suddenly, or if you experience some other emergency while you are working at your placement, please contact our office to the numbers that we provide in your placement sheet.

IS THERE AN ORIENTATION PROGRAM?

There will be an orientation that will include project slides explaining the local climate, local people, safety issues, and other issues concerning your stay in Costa Rica. The orientations will be given in our Campus in Santa Barbara, Heredia, before the start of the program.

WILL THE PROGRAM PROVIDE ANY SORT OF INSURANCE FOR THE VOLUNTEERS INVOLVED?

Amistad can arrange unexpensive insurance from the date of program starts to the end. Please contact us for more details.



www.amistadinstitute.net
(506) 834.5353
Heredia, Costa Rica

Our programs provide imagination, great experiences
and the simple personal touches that everyone is looking for!



SAFETY



International travel presents risks for travelers, especially with the threat of international terrorism. We suggest that all volunteers consult their own governments before participating in our programs. These links provide travel information:

British Foreign Office Advice
<http://www.fco.gov.uk/>

American State Department Advice
http://travel.state.gov/travel_warnings.html

Australian Government Advice
<http://www.dfat.gov.au/>

Canadian Government Advice
http://www.voyage.gc.ca/destinations/menu_e.htm

**AMISTAD IS NOT RESPONSIBLE FOR ANY DAMAGE RESULTING FROM YOUR
NEGLIGENCE IN FAILING TO TAKE APPROPRIATE TRAVEL ADVICE OFFERED
BY YOUR HOME COUNTRY.**

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